Save, share your legacy at Genealogy Jamboree

BIBLIOFILES
Dana Hendrix

and Humanities Month, so it’s a good time to notice the art and music that abound in our lively city and spe-

cifically here at the Georgetown-

Public Library. For ex-

ample, on October 20, Live

Music at the Library will

host performers from Aus-

tin Opera including Julia
taylor and Kathryn Grin-

nelsegovia, Nyle Matsumo,

piano, and other talent-

ful musicians. The program

will include beloved pieces

from Verdi’s Rigoletto and

Puccini’s Turandot, along with

several classics that, they say, “you never knew

you knew.” Two years ago, the library hosted perform-

ers from Austin Opera and that outstanding per-

formance concluded with “To-

brano Segn from Bizet’s opera

Carmen and a rousing

song along with the en-

tertainers on their feast.

We’ll see what surprises

Austin Opera has in store for

Georgetown this same time around.

Also continuing through

October is the annual Art

Hop exhibit at the Geor-

georgetown Art Center and

the library. The art award winners were announced on futur-

ely, congratulations to all the artists and their win-

ning pieces.

Select events

• October 20 through 26, Live

Music at the Library. The library has

planned 15 events, and we hope you will join

us for the array of programs. For the adults who enjoy

music, we are featuring sing-a-long with the en-

semble from Austin Opera and a wide variety of films. For those who

wish to experience another world, we will be discussing

“Rudi” by Carol Senor, Second-

Place “Lais’ Sunsets” by

Henry Huey, Third Place “Porri
ton Bay and His Lamb” by Dea
Darius Sams, Honorable Mention: “Car-

ey Trooper Attacking” by Wes

Oddil.

• A category First Place: “Air 2” by

Carolee Wallin; Second Place: “Roo
tieymoon Brook” by Al Pugno;

Third Place: “The Imposi-

ble” by Cristian Munoz. Honorable Mention: “Mon-

key King” by Jacob Apodaca.

• What else happens in the month of October? First of all, it’s ‘Silly

Spooky Science’ at the library on October 30 and 31. We have the

memorable Fall Fun Storytimes for ages 0 - 5, with participants invit-

ed to bring a snack to share if they want. Costumes are encouraged for all three events.

• For adults who enjoy a little fright in October and appreciate a little

literature, we have a screening of a 2019 horror film called Us, for which director Jordan Peele has already won the 2019 award for Best Director in the Saturn

Awards for his debut feature film Us, also a 2019 nominee in the Academy

of Science Fiction, Fantasy and Horror Awards (SF&HF). Us is also a 2019

nominee in the Gotham Awards, MTV Movie & TV Awards, and for Favorite Movie and Director, according to the People’s Choice

Awards. More movies

are likely on the way Lupita Nyong’o has also received multiple

nominations for her roles in the film.

• Jordan Peele also directed

the 2017 film Get Out, which won him an Oscar for Best Original Screen-

play for his gripping thriller about a

young African American couple on a

trunk road trip to meet his family. Readers of the book may realize — did you know the author is Nnedi Okorafor? In fact, Okorafor was

inspired by Get Out when she

wrote her novel Who Fears Death. Perhaps this is one reason why us,

tell the story of a young woman who returns to her home village in Africa, where evil is thought to be present in the forms of

cancer, war, and genetic engineering. But, as Okorafor’s heroine begins to diagnose or treat it in old-

er adults. In reality, depression is a medical problem that can often be success-

fully treated in older adults.

Without treatment, de-

pression can impairment our ability to function and en-

joy life. Even a small contrib-

ute to poorer overall health. Compared to older adults

without depression, those adults with depression have a greater assistance with self-care. They also have fewer self-care activities and often recover more slowly from physical disorders.

As people age, physical changes and lack of mo-

tility make accessing ther-

apy difficult. Depending on these challenges, one local organization making therapy more available to homebound older adults by providing services in a home setting.

• Family Eldercare’s In-Home Care provides a wide range of services to

homebound older adults in the Central Texas area. Their services include homebound care, which allows older adults to remain in their own homes, and assistance with continuation of care, including food, medication and more.

• If you or someone you know is in need of this service, contact Fam-

ily Eldercare at 512-863-6845.

• 10th and Under Story: Counseling service can lessen depression

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