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Avocados make standard toast of the town

Toast is the ultimate comfort food. There was even a study done at Cardiff University about why people are passionate about toast. Basically it comes down to childhood memories.

The simplicity of the "made to order" breakfast food surely adds to its popularity.

Every so often toast has 15 minutes of fame. Our brains are programmed to see faces and for some reason toast seems to be the canvas for Jesus sightings. Those who need a little help in this area can emboss their bread before toasting with Holy Toast Stamps from Amazon.

Not so long ago avocado toast became the upper crust of breakfast menus.

The internet seized on the healthy, indulgent dish. Food bloggers introduced their own versions, magazines published recipes and online searches for "avocado toast" continued to rise.

According to popular opinion avocado toast is the best thing since sliced bread.

Toasting was originally a method of prolonging the freshness of bread. Tools held the slices over



TASTES OF THE TOWN

Linda Dwyer

open fires until properly browned. "Tostum" is the Latin word for scorching or burning.

The British developed a fondness for toast and introduced it in the Americas.

Charles Strite invented the pop-up toaster in 1919 and today the toaster is the most common household appliance.

What's new in the world of toasters?

How about a glass window to allow the luxury of watching bread brown. "A Bit More" button adds a little more time to an underdone slice and a "Lift and Look" lever allows a peek at the slice without inter-

Avocado Toast

One 8-oz. ripe avocados, pitted, halved and peeled

Fine salt and freshly ground black pepper

4 slices whole grain or whole wheat bread

1 clove garlic, peeled and halved

2 T extra-virgin olive oil or unsalted butter, softened

Flaky sea salt for serving

Crushed red pepper flakes, optional

Mash the avocado with a fork in a shallow bowl until chunky. Season with fine salt and black pepper.

Toast the bread until browned and crisp. Lightly rub 1 side of each slice with the cut side of the garlic until fragrant; discard the garlic. Lightly brush the toasts with oil, and season with fine salt and pepper. Divide the mashed avocado evenly among the toasts, and top with more flaky sea salt, more black pepper and red pepper flakes if using.

The two secrets to simple avocado toast are: rubbing the bread with garlic for just a hint of flavor and adding a pop of crunchy sea salt on top.

— Food Network

rupting the toasting cycle. I tease my husband that the toaster he purchased is so slow I could take a shower before my bread pops up. My grandson likes that the bread actually pops out of the toaster and thinks grandma makes the best cinnamon toast.

Good toast starts with great bread. Don't get stuck in a jam and remember you deserve butter.

I'm including a real breadwinner recipe so keep calm and eat toast.

Since I don't want to go against the grain I will stop my puns before I'm toast!

CHICKEN DINNER & DANCE

Sunday, June 30

S.S. Cyril & Methodius Parish Hall
500 West Davilla, Granger, Texas

11 am FRIED CHICKEN & TRIMMINGS

Adult Plate \$11 • Child Plate \$5

Takeout Plates available inside at kitchen counter \$10
Drive thru adult plates available \$10 - 11am-12:30pm

KITCHEN WILL BE OPEN 2 PM-8 PM

Refreshments • Entertainment

Dance

3pm to 9pm • \$10 per person

Dujka Brothers

Everyone is Cordially Invited!

For more information:
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No question too silly for librarians

BIBLIOFILES

Dana Hendrix

Summers are busy at the Georgetown Public Library. The library's rhythms shift with all the kid, tween, teen and adult Summer Reading Program events, children out of school, adults on vacation and visitors from out of town. Our building changes, as well, and with last Sunday's opening of the Texas Society of Sculptors 12th annual Summer Show you will see sculpture all over the library. Please stop in to see all 72 pieces and cast your ballot in the People's Choice Award competition. Pick up a ballot at any library service desk or from the table in the lobby and be sure to drop it into the ballot box in the lobby no later than 8 p.m. on July 16.

Another reason the library is busy all the questions people ask — all kinds of questions. You'd be surprised by the variety. The reference desk fields routine questions and some more in-depth questions. Here are a small sample from the four hours I spent at the reference desk on a recent Friday:

- I want to read Walter Mosley's Easy Rawlins series in order. Which title is the first in the series?
- Can the library get a copy of the nonfiction book *Enemies: A History of the FBI*?
- Can you recommend a good movie? My wife likes autobiography and history, and I like adventure. (He found his own movie, a Woody Allen film.)
- Can I confirm my study room reservation for next week?
- Do you have the DVD miniseries *Once an Eagle*?
- Will you help me burn this recording to a new CD?
- How do I check out an e-audiobook on my iPhone?
- How can I submit an art exhibit proposal?
- Can you show me how to check out my books myself?
- I'm doing genealogical research and I want to see books about other families besides mine that came from Tennessee, like the Stewarts and others. What do you have?
- Where are the audio-



The library is hosting the Texas Society of Sculptors 12th annual Summer Show. Visitors can vote in the People's Choice Award competition before the July 16 deadline.

books of Larry McMurtry's fiction?

• I need help working on my resume to start a job search.

• I want to research the history of my Old Town home. Do you have any records?

Too often, people approach the reference desk and say, "This is a stupid question but" Labeling their own question as stupid indicates they believe they should already know the answer. Perhaps because they learned how to use a library in the past, whether it was in elementary school or college, they believe they should be able

to find what they need, but it's not that simple. I love poking around new libraries to see what I can learn about how they operate, but if there is something specific I want to find, I always ask. Every library is different and regularly change things.

We're always glad when library visitors ask a question, no matter what it is. And we may not know the answer right away but if we don't, we'll work pretty hard to find it. So bring all your questions with you, and we'll see you at the library!

Dana Hendrix is the Fine Arts Librarian at the

Select library events

- June 25, 10:30 a.m. Mad Science — ages 0-12, tickets available one hour in advance
- June 26, 1 p.m. Galaxy Painting with Paint with Me Kimberly Keller — ages 9-12; tickets available one hour in advance
- June 27, 2 p.m. Movie: *Space Chimps* — ages 0-12; tickets available one hour in advance
- June 28, 3 p.m. Star Wars Escape Room — ages 13-17
- July 2, 10:30 a.m. The Magik Theatre — ages 0-12; tickets available one hour in advance
- July 3, 1 p.m. *Space Jam* Movie Party — ages 9-12; tickets available one hour in advance
- July 5, 3 p.m. *Stranger Things* Season 3 Watch Party — ages 13-17
- July 9, 10:30 a.m.-12 p.m. Tiny Tails to You Austin's Traveling Petting Zoo — ages 0-12; tickets available one hour in advance
- July 10, 1:30-6 p.m. Stars and Science Austin Indoor Planetarium — ages 0-12; tickets available one hour in advance
- July 10, 6:30 p.m. Stars and Science Austin Indoor Planetarium — ages 18+

Dale's Annual Independence Day Celebration & Fireworks Show!

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- Live music 7pm-11pm
by The Porch Turtles - No cover
- Fireworks just after dark by G.W. Pyro
- Live music at The Walburg Restaurant 7:30pm
The Walburg Boys

Chairs allowed, but NO COOLERS or outside food or drink!
Come early for picnic table seating. No reservations.



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