

# Impressive patriotic display at Mulligans

A patriotic theme is the latest exhibit at the dining gallery at Mulligans Restaurant through July 11. The photos beautifully compliment the somber and joyous time between Memorial Day, Flag Day and Independence Day. Presenters include:

- Ruby Pecot, a new presenter for the gallery showing a spectacular photo of the American flags displayed in San Gabriel Park by the Georgetown Rotary Club.

- Marge Odell's image titled "You're A Grand Old Flag" provides a nostalgic image accompanying the famous lyrics of George M. Cohan.

- John Leek offers two composite images blending a scenic view of Omaha Beach with crosses and statues representing the sacrifice of the soldiers during the D-Day Normandy invasion.

Mulligans is located at 150 Dove Hollow Trail in Sun City, open daily from 7 a.m. to 8 p.m.

## Sculptors show

The Georgetown Public Library presents the Texas Society of Sculptors 14th Annual Summer Show. As always, beautiful, creative, innovative, humorous and evocative sculptures will be on display throughout the library.

Be sure to visit between June 19 and September 16. The artist reception is 1-3 p.m., July 17. The sculpture demonstrations are 1-3 p.m., September 19. Local award-winning sculptor Linda Wilde is the exhibit coordinator.

The library is located at 402 West Eighth Street.

While at the library, take a look at Sung Cha Brooks' "Works,"



## ART SCAPES

Ellen Greeney

Dave Werner's "Many Faces of Texas Festivals," "The Simple Things" by Gene Grubbs, outdoor sculptures at both entrances, the circular sculpture across the street and the new crosswalk mural on Eighth Street.

## Art Fair & Show

The Visual Arts Club of Sun City is hosting the annual Art Fair & Show, 10 a.m. to 5 p.m. at 1220 Cattleman Drive. Original art, prints, cards and many other art-themed items created by the club's artists will be on display and for sale.

The artworks include oil, acrylics, pastels, alcohol ink, watercolor, collage and mixed media. The event is free and open to the public.

## Truewood gallery

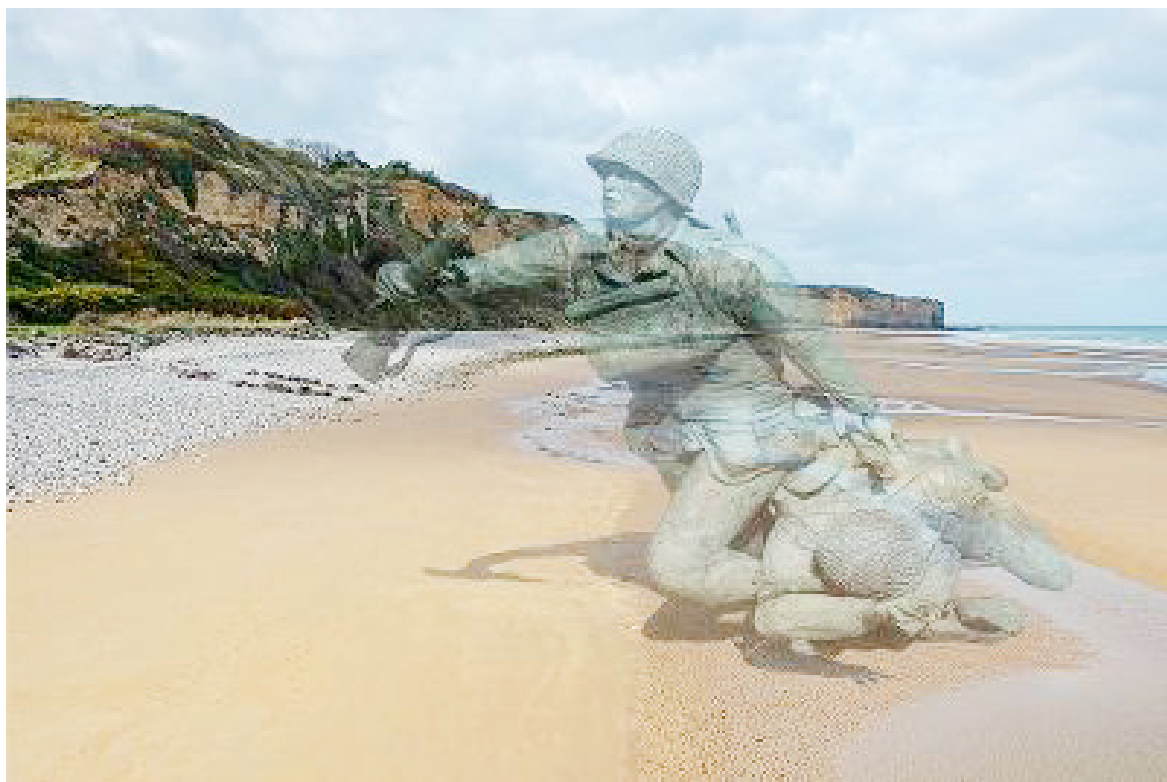
The "Summer Expressions" exhibit at Truewood Gallery is on display until July 7. The 12 artworks were created by Gina Tracy, Wes Odell, Ted Keller, Susan Holland and Patti Wojtowecz and include photographs, mixed media (pastel, acrylic and charcoal), acrylic and alcohol ink.

## Photo op

On Saturday, June 18, Pistons on the Square club members will bring their classic and unique wheels with pistons to Main Street. The event runs from 8-10 a.m., but you need to arrive early for an up-close look at these oldies, goodies and cycles, too.

## Gallery closing sale

Gallery owner Carrie Tiemann is closing her Tiemann Art Gallery. The closing sale includes collectible antique prints for \$5, orig-



John Leek's composite image blends a scenic view of Omaha Beach with statues representing the sacrifice of the soldiers during the D-Day Normandy invasion.

inal paintings for \$15 and steep markdowns on the gallery's more expensive art. Discounts up to 90 percent are available.

Sale hours in June are 10 a.m. to 3 p.m., Tuesday through Friday at 1706 North Mays in Round Rock. Cash only for purchases totaling \$25 or less.

## Congrats

Congratulations to Ricardo Robles and Maria Appelzoller. They were selected to exhibit at the Peoples Gallery at Austin City Hall.

Anca Thomas is exhibiting fiber art and mixed media art at the Sirril Art Gallery in Salado. She recently held a fiber art demonstration in Liberty Hill at the Whimsy and Wonder festival. She was also selected for the "So Close, So Far" art exhibit at Downtown-er Gallery in Round Rock.

## Deadlines

- City grant applications for art projects and events due June 30
- Sculptures for annual city tour due August 1

## Events

- "Transient Nature" artist talk, Art Center, 2 p.m., June 12
- Round Rock PopUp Art Show, Prete Plaza, 10 a.m.-3 p.m., June 18
- Sun City Visual Arts Art Fair, 1220 Cattleman Drive, 10 a.m.- 5 p.m., June 25
- Sculptors' reception, Library, 1-3 p.m., July 17
- Sculptor demonstration, Library, 1-3 p.m., September 19

## Exhibits

- Sun City Visual Arts Spring Show, 1 Texas Drive through June 18
- Art Attack photos, Jester An-

nex through June 29

- Ellen Greeney's "Portugal Wine Stroll," Round Rock Library through June 30
- Dave Werner, "Many Faces of Texas Festivals," Library through July 3
- Sung Cha Brooks, "Works," Library through July 3
- Gene Grubb, "The Simple Things," Library through July 3
- "So Close—So Far," Downtowner Gallery through July 8
- Patriotic photos, Mulligan's Restaurant through July 11
- "Transient Nature," Art Center, June 10 through July 17
- Annual Sculpture Show, Library, June 16 through September 16

*ArtScapes is a weekly column for and about local artists and art enthusiasts. Send info to ellen@wilcosun.com.*

# Annual sculpture show returns to the library this month

## BIBLIOFILES

Dana Hendrix

Every summer the Georgetown Public Library partners with the Texas Society of Sculptors to offer the community a rare experience: a free art show with dozens of three-dimensional works of art created using a wide variety of materials and techniques by sculptors from across the state. The show is a labor of love for library staff and TSOS members alike, and it adds a degree of enchantment to even a routine summer visit to the library.

The sculptures in this year's show range from the lightest at 2 pounds to the heaviest at 450 pounds. The shortest sculpture is 4 inches tall, and the tallest measures 102 inches. Visitors who look closely will see that the artists have constructed these pieces from wood, bronze, stone, rope, steel, glass, clay, fencing wire, wax, quilt batting, fabric, metal forks and even paintbrushes.

Library visitors who come to see the show from June 19 through July 10 will have the added fun of picking up a printed ballot and voting for their favorite pieces from among the 70 works of art by 31 artists. Those votes will determine which piece wins the People's Choice Award.

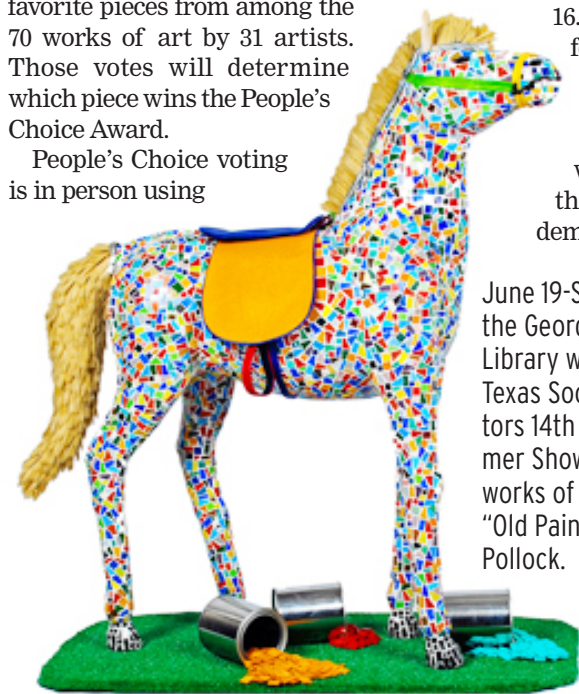
People's Choice voting is in person using

paper ballots; no online voting is available because a photograph of a work of art, perhaps especially a three-dimensional work, is never the same as seeing it in person. Ballots will be available at every service desk in the library as well as in the lobby. Completed ballots can be deposited in the ballot box in the lobby or handed to a library staff member.

Eight cash awards, including the People's Choice Award, are generously funded for this show each year by the City of Georgetown Arts and Culture Board. The other awards are the Librarians' Choice Award (selected by library staff), and first, second, and third place awards and three Honorable Mention awards (determined by each year's exhibit juror).

This year's juror is stone carver Stuart Simpson of Austin Stone Carving. Mr. Simpson will view the entire exhibit with the names of all artists obscured, and from that viewing he will select the first, second, and third place winners. All five award winners will be announced and celebrated on July 17, at 1 p.m., at a reception on the second floor of the library.

The show continues throughout the summer, all the way through September 16. One week before it ends, on September 10, from 1-3 p.m., sculptors with work in the show will demonstrate various



June 19-September 16, the Georgetown Public Library will host the Texas Society of Sculptors 14th Annual Summer Show, featuring 70 works of art including "Old Paint" by Nancy Pollock.

## Art in the library

June 19-September 16:

Texas Society of Sculptors 14th Annual Summer Show (First and Second Floors)

June 19-July 10: Texas Society of Sculptors People's Choice Award Voting (Ballot Box in First Floor Lobby)

September 10, 1-3 p.m.: Texas Society of Sculptors Sculpture Demonstrations (First Floor Lobby)

Through July 3: Dave Werner: The Many Faces of Texas Festivals exhibit (First Floor Café Gallery)

Through July 3: Sung Cha Brooks: Works exhibit (Second Floor Bridge Gallery)

Through July 3: Gene Grubb: The Simple Things exhibit (Second Floor Hall Gallery)

For more information about library art exhibits, visit [library.georgetown.org/art](http://library.georgetown.org/art) or call 512-930-3551.

ious techniques in a come-and-go sculpture demonstration in the library lobby. The demonstration is always a lot of fun for all ages, and a great way to meet some artists and learn more about their techniques.

Most of the pieces in the exhibit will be available for purchase. People who don't make it in during the People's Choice Award voting period will still be able to pick up a checklist of artworks to use to ensure that they have seen all the pieces, which will be in the first floor lobby, on the second floor bridge and throughout the second-floor stacks. The TSOS show is one of the most popular art events that the library hosts every year—don't miss it!

Dana Hendrix coordinates art exhibits and serves as the Technical Services Librarian at the Georgetown Public Library

# Homemade freezer meals

was introduced to The Family Freezer via Instagram. "Are you looking for an easy way to eat healthier? Are you a visual learner who wants someone to literally show you how it's done? Join me as I prepare 12 healthy freezer meals perfect for two people. These easy and healthy meals can be quickly assembled and frozen for months. Plus, everyone who attends the class will get a copy of my recipes and shopping list for free."

Family Freezer creator Kelly McNelis started food blogging in 2012. She and her husband now work together on The Family Freezer full-time and their family has grown to include five young children.

I signed up to watch 12 "Healthy Freezer Meals" live on YouTube. "Maybe you tried freezing lasagna or soup in the past, but freezing raw meals is a game-changer that you can maintain over time," Kelly explained.

I watched as veggies, spices and sauces were dropped into each freezer bag along with raw meat. Kelly then pressed air out of each bag before zip locking the flattened bags for easy freezer stacking. Later they can be thawed, or cooked frozen, according to instructions given for Crock Pot and Instant Pot cooking.

I then received my free recipes, shopping list and printable labels by email for Low-Fat All-Natural Chicken Noodle Soup, Tangy Tomato Pot Roast, Beef Barley Stew, Lemon Chicken with Baby Spinach, Three Bean Chili and Easy Chicken Cacciatore.

I did my shopping one day and prepared the freezer bags in about two hours the next day. The result was six recipes divided between twelve freezer bags. These two serving size bags didn't take up much freezer space and it was reassuring to know they were ready and waiting.

Over the next few weeks I came to appreciate the convenience of ready to cook meals in the freezer. I've frozen extra portions of cooked recipes but freezing a mix



## TASTES OF THE TOWN

Linda Dwyer

of raw ingredients to be cooked later was new to me and was super easy.

Go to [thefamilyfreezer.com](http://thefamilyfreezer.com) and you too can join Kelly on her live YouTube classes. I am including one of Kelly's recipes. Watch the cooking time since Crock Pot and Instant Pot manufacturers instructions vary. My Crock Pot times were shorter than Family Freezer instructions.

## Lemon Chicken with Baby Spinach

Serve over egg noodles and top with Parmesan cheese. Yields: Two freezer bags with 2-3 servings each. Ingredients (to be split between two bags)

2 pounds boneless skinless chicken breasts, fat trimmed  
5oz baby spinach  
1 teaspoon minced garlic  
1/4 cup extra virgin olive oil (4 tablespoons)  
The juice of 1 lemon  
1 tablespoon parsley  
1 tablespoon basil  
1/2 teaspoon pepper  
1/2 teaspoon salt

To Freeze and Cook Later  
Label your freezer bags with the name of the recipe, cooking instructions, and "use-by" date (3 months from when you prepped the meals). Split all ingredients between your two freezer bags. Remove as much air as possible, seal, and freeze them.

To Cook One Bag in a Small Crockpot (2-4 quarts)

Add the contents of the freezer bag and cook on "high" setting for 5-7 hours or "low" setting for 10-12 hours.

Slice or shred chicken and mix with spinach and sauce in crockpot.

To Cook One Bag in a Small Instant Pot (3 quarts). Add frozen meat to Instant Pot and wait 5 minutes to release some liquid.

Flip over. Add 1/4 cup water. Pressure cook (low pressure) for 25 minutes. Natural release.

Slice or shred chicken and mix with sauce in Instant Pot.

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